



Gluten-Free Choices at The Veggie Grill

Please see our menu for a full description of each item.

STARTERS & SIDES

- House `Slaw
- Steamin' Kale
- Spring Mix Salad

SALADS & SANDWICHES

- Baja Fiesta* (no tortilla strips)
- Chinese Chickin'* (sub tempeh for chillin' chickin', no wontons)
- Bali Bliss* (serve on kale, no bun)
- Island Getaway* (serve on kale, no bun)
- Papa's Portobello* (serve on kale, no bun)
- Take a Spin-ach* (no Veggie Ham)

**Please specify as indicated in parenthesis when ordering.*

SOUPS

- Bean Me Up Chili* (no lavash)
- Moroccan Lentil Soup (when available)
- Tortilla Soup* (no tortilla strips, when available)

**Please specify as indicated in parenthesis when ordering.*

DESSERTS

- Divine Chocolate Pudding

KIDS MEAL

- Steamin' Kale