



Original Sandwiches & Burgers

ITEMS WITH SEEDS OR NUTS

<u>Menu Item</u>	<u>Ingredient with seeds / nuts</u>	<u>Can serve without?</u>
STARTERS & SIDES		
• Steamin' Kale	Sesame Seeds, Ginger-Miso Dressing	Yes
DRESSINGS		
• Sesame-Rice Vinaigrette	Sesame Oil	No
• Ginger Miso	Sesame	No
ENTRÉE SALADS		
• All Hail Kale	Agave roasted walnuts	Yes
• Chinese Chickin'	Sesame Seeds, Sesame-Rice Vinaigrette	Yes
SOUPS / CHILI		
	Lavosh (sesame seeds)	Yes
SANDWICHES & BURGERS		
• Papa's Portobello	Pesto (walnuts, pumpkin seeds)	Yes
DESSERTS		
• Chocolate Chip Cookie	Walnuts	No
• Carrot Cake	Walnuts on top of frosting	No